

Dr Sydney Bader

BDS C Endo (Temple)

Dr John Barbat

BDS (Qld) MDS (Melb)

Dr Amanda Law

BDS Hons (Syd) DClinDent (Melb) FRACDS

**SPECIALIST
ENDODONTISTS**

SWELLING:

You may experience swelling. Applying ice packs to your face can minimize this. 15 minutes on, 15 minutes off, for about six hours after the procedure. **Do not be alarmed if the swelling is worse on the second day after the surgery**, this is quite normal. Please elevate your head when you are sleeping.

BLEEDING:

You may experience bleeding during the first 12 hours. Don't be concerned if saliva appears red. If bleeding continues or is profuse, apply pressure with a gauze pack directly to the surgical area. This will need to be dampened slightly first with water, so that it does not stick to the area.

DISCOMFORT:

You may experience pain. Take medication (**NUROFEN**) for pain as often as needed, starting with the first sign of discomfort. Don't wait until discomfort becomes intense. Discontinue if pain ceases. If required, we may ask you to take some additional medication. Instructions will be given to you regarding these if indicated by Dr Bader, Dr Barbat, Dr. Law or Dr Vellani.

ANTIBIOTICS:

If an antibiotic has been prescribed, take as directed until **ALL** of the medication has been taken. Discontinue **ONLY** if you react unfavourably.

RINSING AND SUTURES:

DON'T RINSE FOR THE REST OF THE DAY. The Following day you may begin **gently** rinsing with either SAVACOL as directed or warm salty water. Don't be alarmed if during the healing some of the sutures become dislodged.

REMEMBER YOU HAVE HAD A SURGICAL PROCEDURE AND SHOULD EXPECT TO BE MODERATELY UNCOMFORTABLE BUT ADHERING DILIGENTLY TO THE ABOVE INSTRUCTIONS CAN MINIMIZE THIS.